

*The Corporation of the  
Town of Cochrane*

*Be it known to all that*

*Mental Health Week*

*May 6<sup>th</sup> – 12<sup>th</sup>, 2024*

*Proclamation*

*WHEREAS* mental health is an essential part of everyone's health and well-being; and

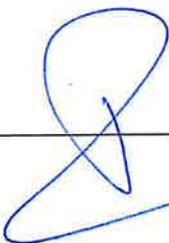
*WHEREAS* Mental Health Week has been hosted by the Canadian Mental health Association in communities across Canada for over 71 years; and

*WHEREAS* all people in Canada need to promote, protect, and nurture their mental health; and

*WHEREAS* promoting social connection is an important aspect of human life and an effective way to protect mental health; and

**THEREFORE BE IT RESOLVED** That I, Peter Politis, Mayor of the Town of Cochrane and Members of Council do hereby proclaim May 6<sup>th</sup> to 12<sup>th</sup>, 2024, as "**Mental Health Week**", in the Town of Cochrane.

*Dated this 2<sup>nd</sup> Day of May 2024*

  
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Mayor